Casa Larga Race for Grapes 5k Peoplechase at the Purple Foot Festival Sunday, September 19, 2010 Race 10am (or 10:03am) Start

This certified 5k race has a unique format among Rochester area races: all female runners start at 10:00am (a 3 minute head start); all male runners start at 10:03. Awards are calculated by order of runners crossing the finish line regardless of gender.

USATF
Certified Course
NY06122KL

On Line
Registration
Available at
ACTIVE.com

DAG Timing
and
Scoring by
PCR Timing

Bethany House of Rochester
Charity
Beneficiary

Video of the start(s)and complete finish will be posted on CatsPage on September 21

LAST NAME | FIRST NAME | M.I.

NUMBER & STREET

TOWN/CITY | STATE/PROV. | ZIP/POSTCODE

E MAIL ADDRESS

SEX | AGE

Entry Fees:
$18 by mail made out to "Race Director" by September 14
132 Winteroth St. Rochester, NY 14609

$20 after September 14 including race day until 9:30 am
+___ optional additional donation to Bethany House
+___ optional ($6) half-price admission for Purple Foot Festival (opens at 11am)
+___ optional half-price admission(s) for friends of runners. No Charge for guests under 21
$___ Total enclosed

RACE USE ONLY
PSN/BIB

T-SHIRT SIZE: S M L XL XXL

I KNOW THAT RUNNING IN A ROAD RACE IS A POTENTIALLY HAZARDOUS ACTIVITY. I SHOULD NOT ENTER AND PARTICIPATE UNLESS I AM MEDICALLY FIT AND PROPERLY TRAINED. I AGREE TO ABIDE BY ANY DECISION OF A RACE OFFICIAL RELATIVE TO MY ABILITY TO COMPETE IN THIS EVENT. I ASSUME ALL RISKS ASSOCIATED WITH THIS EVENT INCLUDING, BUT NOT LIMITED TO: FALLS, CONTACT WITH OTHER PARTICIPANTS. THE EFFECTS OF WEATHER, HEAT AND HUMIDITY, TRAFFIC AND CONDITIONS OF THE ROAD. ALL SUCH RISKS BEING KNOWN AND UNDERSTOOD BY ME, I FOR MYSELF AND ANYONE ENTITLED TO ACT FOR ME, WAIVE AND RELEASE: WILLIAM KEHOE, WILLOPUS T-SHIRTS, THE CATS ATHLETIC CLUB, ROAD RUNNERS CLUB OF AMERICA AND ALL SPONSORS AND MUNICIPALITIES,AND THEIR THEIR REPRESENTATIVES OF LIABILITY ARRISING OUT OF MY PARTICIPATION IN THIS EVENT. I GRANT THE ORGANIZERS FULL PERMISSION TO USE ANY PHOTOGRAPHS, MOTION PICTURES, RECORDINGS OR ANY OTHER RECORD OF THIS EVENT FOR ANY PURPOSE.

*Signature (Parent or guardian sign for minor)*_____